

4 February 2016

Dear Parents

In the interest in keeping permission notes to a minimum we are combining the excursion notes for the **R-7 Swimming Programme**.

Signing this permission note will give your child consent to attend the following activities. However, some activities require selection from the R-7 Sports Coordinator Jeff Wray and you will be notified if your child is required.

## R-7 Swimming Programme 2016

Please mark with a cross  $\boxtimes$  next to any event that you **DO NOT give permission for your child** to participate in.

Student Name: ...... Home Group: .....

 Years 3, 4 and 5 Water Safety Programme, Week 4 (22 -25 February, 2016) Unley Swimming Pool Transport: Southlink (*Timetable on next page*)

☐ Junior School Swimming Carnival, Friday 1 April, 2016. Unley Swimming Pool 9:30am to 2:30pm Transport: Southlink

The following events are subject to selection. Please mark with a cross  $\boxtimes$  next to any event that you **DO NOT give permission for your child to participate in.** 

| SAPSASA District Swimming Carnival, Friday 4 March, 2016.<br>Marion Outdoor Pool<br>6:00pm to 9:00pm<br>Transport: Parent              |
|--|
| SAPSASA Metro Day Swimming, Thursday 17 March, 2016.<br>Marion Indoor Aquatic Centre<br>9:00am-3:00pm<br>Transport: Parent             |
| <b>Catholic Schools Swimming Carnival, Tuesday 22 March, 2016.</b><br>Burnside Swimming Pool<br>10:00am-1:00pm<br>Transport: Southlink |



## Year 3, 4 and 5 Water Safety Programme

The Physical Education curriculum has been enhanced with the Water Safety Program that we attend each year with great success. As you would be aware, the development of swimming skills and water safety is important for young children. Years 3-5 will be participating in swimming lessons in Week 4 this term at the Unley Swimming Pool with qualified instructors.

Students are required to attend school from Monday- Thursday in their P.E. uniform and bring their towel, a change of underwear and goggles to school with them. It is encouraged that students wear their bathers underneath their uniform.

Rash Vests are essential and no child will be permitted to swim unless they are wearing one.

The timetable below outlines when the students leave and return to the College on Monday-Thursday, Week 4.

Year 5 (recess at College, after swimming) 8:50am- Depart Mercedes College 9:30am- Start swim lesson !0:30am- Conclude swim lesson 11:10am- Arrive Mercedes College

Year 4 (recess at Pool) 9:50am- Depart Mercedes College 10:30am- Start swim lesson 11:30am- Conclude swim lesson 12:10pm- Arrive Mercedes College

Year 3 (recess at College) 11:10am- Depart Mercedes College 11:45am- Start Swim Lesson 12:45pm- Conclude swim lesson 1:15pm- Arrive Mercedes College



We are also requesting parents to support us with the required ratios for bus travel. Ratios whilst swimming will be covered by the designated swimming instructors.

If you are interested in helping out, please complete the attached slip and return to your child's class teacher, or email me <u>tcramond@mercedes.catholic.edu.au</u>. You will need to ensure you have a current police clearance.

## **Combined Events Consent**

I give permission for my child ...... to attend **ALL** activities as listed, unless otherwise indicated. I have also noted that the cost will be covered by the Student Activity Levy.

All current Medical Information and Emergency Contacts have been advised to the school office.

Signed ...... Name: .....

Contact number: ...... Date: .....

Thank you for your support Kind regards

Tracey Cramond R-7 Carnivals Coordinator

## Parent Assistance with transport to Unley Swimming Pool, Week 4 (22 - 25 February, 2016)

I am available to assist with transport for the Year 3-5 Water Safety programme at Unley Swimming Pool in Week 4, Term 1 2016:

| □ Monday      | 🗌 Tuesday | □ Wednesday | □ Thursday  |  |
|---------------|-----------|-------------|-------------|--|
|               |           |             |             |  |
| Name:         |           |             |             |  |
| Parent of :   |           |             | Home Group: |  |
| Contact numbe | r:        |             |             |  |

Please return to your child's class teacher.